



पूर्व मध्य रेलवे
EAST CENTRAL RAILWAY



प्रधान वित्त सलाहकारका कार्यालय, हाजीपुर, वैशाली - 844101 (बिहार)

Office of the Principal Financial Advisor, Hajipur, Vaishali - 844101 (Bihar)

No.ECR-HQ/ACCT(ADMN)/Misc./2025

Date : 25.03.2025

FA&CAO/CON/MHX/PNBE

FA&CAO/G/HJP

Dy. FA&CAO/G/HJP

Dy. FA&CAO/T/HJP

Dy. FA&CAO/S&W/HJP

Dy. FA&CAO/F&B/HJP

All Sr.DFM/ECR

Sr.EDPM/HJP

Sr.AFA/WP/PNBE

Sr.AFA/AFA/Admn/TA/Insp/Exp/Fin/ENGA/EGA/PF/NPS/B&B/S&W/Audit/Tax Cell

AFA/PD/DDU/HRT/WS/SPJ.

Sub : Trekking/Mountaineering Expeditions & other adventure Activities for working Indian Railway Employees (Officers/Staff) and their Spouce & Children reg.

Ref: महासचिव /पूमरेक्रीसं सह - मुविलोइं/पूमरे /हाजीपुर L.N. - ECR/ADM/SA/Misc/002

dated: 21.02.2025.


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In view of the above reference, all the Officers/Staff are respectfully informed that a thematic adventure is being organised by Northern Railway Trekking & Mountaineering Association, Baroda House, New Delhi.

In this context, willing Officers/Staff may be filled the form for participating in above said thematic adventure.

This issue has the approval of Comptent Authority.

DA : As above (Date by date thematc adventure may be perused)


(Rajeev Ranjan)
AFA/ADMN
for PFA/ECR/Hajipur



EAST CENTRAL RAILWAY SPORTS ASSOCIATION

GM's Office, Rail Niketan, East Central Railway, Dighikala, Hajipur, Bihar

Email-ecrsahjp16@gmail.com

L.N.-ECR/ADM/SA /Misc/002

Dated- 21.02.2025

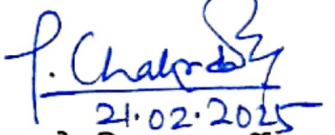
सभी विभाध्यक्ष एवं सभी खेल अधिकारी
पूमरे /हाजीपुर।

विषय :- Trekking/Mountaineering Expeditions & other adventure Activities for working Indian Railway Employees (Officers/Staff) and their Spouse & children.

ज्ञात हो कि Northern Railway Trekking & Mountaineering Association, Baroda House, New Delhi द्वारा विषयगत Adventure का आयोजन किया जा रहा है।

अतः सभी इच्छुक अधिकारियों/कर्मचारियों को सादर सूचित किया जाता है कि विषयगत Adventure में भाग लेने हेतु संलग्न आवेदन फॉर्म भर कर Northern Railway Trekking & Mountaineering Association, Adventure Cell, Room No.-32-G, GM's Building, Baroda House, New Delhi-110001 को प्रेषित कर सकते हैं।

संलग्न:-17 पेज।


21.02.2025
(प्रसेनजित चक्रवर्ती)
महासचिव/पूमरेक्रीसं
सह-
मुविलोइं/पूमरे/हाजीपुर

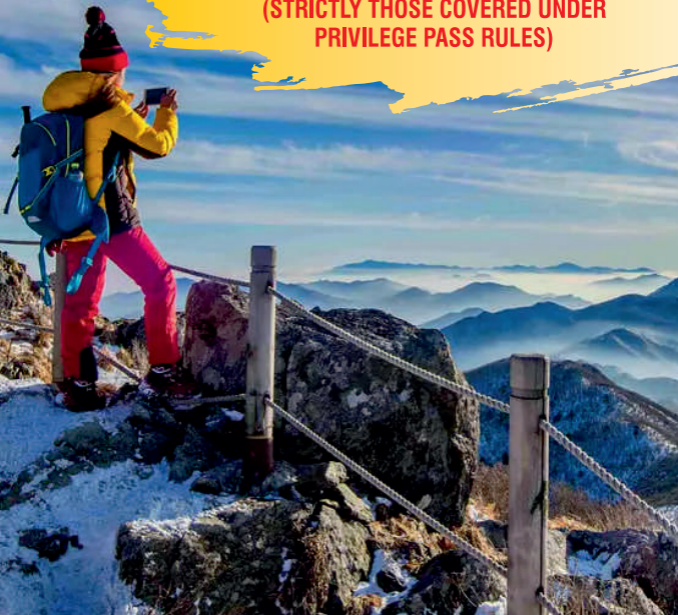


NRTMA

ACTION PLAN 2025

**TREKKING/MOUNTAINEERING
EXPEDITIONS &
OTHER ADVENTURE ACTIVITIES
FOR WORKING INDIAN RAILWAY EMPLOYEES
(OFFICERS / STAFF)
THEIR SPOUSE & CHILDREN**

**(STRICTLY THOSE COVERED UNDER
PRIVILEGE PASS RULES)**





ADVENTURE TRAINING & RAFTING CAMP



Rishikesh (Uttarakhand)

for Railway Employees (Officers / Staff) /
Spouse / Children (min. age 14 years)

09th April to 13th April 2025

Fee: ₹ 4500/-

Last date to apply: 10th March 2025



TREK TO CHURDHAR



(Himachal Pradesh)

only for Railway Officers / Spouse / Children
(min. age 10 years)

03rd May to 09th May 2025

Fee: ₹ 9000/-

Last date to apply: 04th April 2025



TREK TO BEAS KUND- BAKKARTHACH, MANALI



(Himachal Pradesh)

for Railway Employees (Officers / Staff) / Spouse / Children
(min. age 12 years)

23rd May to 30th May 2025

Fee: ₹ 9500/-

Last date to apply: 16th April 2025



TREKKING EXPEDITION TO RUPIN PASS



(Himachal Pradesh)

for Railway Employees (Officers / Staff) / Spouse / Children
(min. age 16 years)

04th June to 13th June 2025

Fee: ₹ 22500/-

Last date to apply: 23rd April 2025



TREK TO KASHMIR GREAT LAKES



(Jammu & Kashmir)

for Railway Employees (Officers / Staff) / Spouse / Children
(min. age 16 years)

21st Aug to 02nd Sept 2025

Fee: ₹ 17500/-

Last date to apply: 16th June 2025



TREK TO RUDRANATH



(Uttarakhand)

for Railway Employees (Officers / Staff) / Spouse / Children
(Min. age 14 years)

18th Sept to 25th Sept 2025

Fee: ₹ 11500/-

Last date to apply: 30th July 2025



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TREKKING EXPEDITION TO BUMLA PASS - TAWANG



(Arunachal Pradesh)

for Railway Employees (Officers / Staff) / Spouse / Children
(min. age 16 years)

28th Oct to 09th Nov 2025

Fee: ₹ 19500/-

Last date to apply: 23rd July 2025



TREK TO DOODHSAGAR / VAGHERI Hills



(Goa)

for Railway Employees (Officers / Staff / Differently Abled) /
Spouse / Children (min. age 12 years)

01st Dec to 09th Dec 2025

Fee: ₹ 9500/-

Last date to apply: 03rd Oct 2025



LEADERSHIP TRAINING & CLEANLINES CAMP AT PADRI- GRAHAN, KASOL



(Himachal Pradesh)

Only for Railway Employees (Officers / Staff) /
Spouse / Children (min. age 18 years)

16th Jan to 22nd Jan 2026

Fee: ₹ 9000/-

Last date to apply: 25th Nov 2025



11
JUALARI
71
MADKOTE
27
MUNSIYARI
5



Skiing Camp AT MUNSIYARI



(Uttarakhand)

for Railway Employees (Officers / Staff) / Spouse /
Children (min. age 12 years)

06th Feb to 13th Feb 2026

Fee: ₹ 9500/-

Last date to apply: 26th Dec 2025

NOTE



PASSES & LEAVE: The selected participants would be eligible for grant of Special Casual Leave & Special rail journey Pass.

TREK EQUIPMENT: NRTMA may issue some official equipment to the participants i.e., Ruck-sack, sleeping bag & mattress etc. (returnable) prior to commencement of the trek.

ACCOMMODATION: Only Tented accommodation would be provided during the camp. However, mode of accommodation can be changed to any economy class i.e., dormitory type, from Tourism / Forest deptts. / Hotel etc. on sharing basis.

PARTICIPATION FEE INCLUDES: All transportation, shared accommodation, meals as per itinerary, camping and trekking equipment, guides and services of camp leaders.

CERTIFICATE: Certificates may be issued to the participants who successfully complete the trek and abide by the discipline of the camp schedule.

SAFETY: Extensive and painstaking preparations have gone into the planning of every trek routes/activity keeping safety in mind. However, the NRTMA will not be responsible for any accident, illness or injury during the camp period.

MEDICAL FACILITIES: Though all possible medical helps will be provided to the campers, however, those on special medication or with known drug allergies should bring their own necessary medications.

CANCELLATION: The selected participants who are not willing to take part in the activity must inform in writing to Adventure Programme Coordinator specifying the reason before 10 days of commencement of the trek/activity, otherwise 25% of the amount will be forfeited from their participation fees.

FLAGGING CEREMONY: Before commencement of the trek/activity, flagging off ceremony is organized by NRTMA during which the participants will be briefed about the itinerary & trek route.

POINTS TO NOTE



- ❖ Every programme includes mountaineering / trekking & adventure activities. Its location may not be construed to mere excursion or sight-seeing.
- ❖ Use of intoxicants in any form is strictly prohibited.
- ❖ The participants are liable to be sent back from the trek/camp at their own cost in case discipline is infringed at any time during the period.
- ❖ Preference would be given to healthy applicants. However, it must be ensured that the applicants are physically fit, mentally prepared & capable of doing the concerned activity.
- ❖ All activities would materialize subject to receiving sufficient response.
- ❖ Concerned controlling officers are competent to spare their staff working under them for joining into the activities applied for.
- ❖ All participants must carry with them one photo ID.

HOW TO APPLY



Employees/Persons willing to participate into the above trekking programmes/ activities, should submit their application on the enclosed prescribed form, along with requisite participation fee in Cheque / Cash/ Net Banking. directly to Adv. Prog. Coordinator, R.No.32-G, GM's Bldg., Baroda House, New Delhi-110001 within due dates as notified above. However, they can also submit their applications through their nominated Coordinating Officers / NRTMA of their concerned Division / Workshop/Institute/ Unit offices. Forms are available with the officials of NRTMA Committees formed in the Divisions/Workshops/Institutes/Units etc. as well as from the NRTMA's centralized office. Forms can also be downloaded from the below mentioned Website. It may be noted that after the due dates, no application will be entertained.

NRTMA RESERVES THE RIGHT



- to increase the participation fee, if situation so desires due to unforeseen eventuality etc.;
- to alter duration of the camp, route or overnight halts in case of bad weather conditions, roadblocks, landslides or any other beyond control circumstance;
- for selection process of the participants & rejection of any application without assigning any reason.

Notification No. 843E/266/NRTMA/AP/25
Dated: Jan 2025



N.R.T.M.A.

For any other clarification, may contact:

HARISH JOSHI

Adventure Prog. Coordinator

Centralised Office:

R. No. 32-G, Northern Railway HQ Office,
GM's Bldg., Baroda House, New Delhi -110001

Phones : 011-23383126, 3-5070 (Rly.)

Mobile : 9818699325

Email : nrtma.nrtma@gmail.com

Website : www.nr.indianrailway.gov.in/adventurezone

NORTHERN RAILWAY TREKKING & MOUNTAINEERING ASSOCIATION



Adventure Cell
Room No.32-G, GM's Building,
Baroda House, News Delhi-110 001

APPLICATION FORM

Name of trek/activity applied for _____

1. NAME OF PARTICIPANT : _____
2. Name of employee : _____
3. Relation with Rly. employee : _____
4. Designation of employee : _____
5. Office address _____
6. DOB (of participant) _____ 4. DOA (of employee) _____
7. Contact no(s) _____ E-mail _____
8. Residential address _____
9. Experience in any adventure / NRTMA camps (with documentary proof), if any _____

PHOTO

DECLARATION

I understand that in case of any indiscipline, non-cooperation and non-compliance of the orders of accompanying supervisors/leaders during the event, I am liable to be sent back from any point at my own cost. I am applying / sending my ward in the high altitude trekking expedition/adventure activity with my consent and on my own risk and would lodge no any legal claim whatsoever. NRTMA would not be responsible for any accident, illness, injury or irrecoverable loss during the event or journey period for the purpose.

I / on behalf of my minor son/daughter (strike out whichever not applicable) hereby declare that the particulars shown above are correct to the best of my knowledge & belief and I clearly understand that in the event of my statement being proved incorrect/false, I am liable for being dealt with under D&AR.

Signature of the employee

Signature of the applicant

Certified that according to the records available in this institute/office, the particulars of Sh./Smt./Km. _____ as stated above, are correct and the employee/participant can be spared for the above mentioned programme applied for.

Signature & stamp of the
Head of the office

MEDICAL CERTIFICATE OF PARTICIPANT

1. Present/Past illness of significance _____
2. Injuries/operation undergone and present condition _____
3. Any known allergy to drugs or foodstuff _____
4. Blood Group _____
5. Is the applicant suffering from
(i) An infectious disease Yes/No
(ii) A skin disease Yes/No
(iv) Heart trouble Yes/No
(v) Asthmatic Yes/No
(vi) Any other disease/defect Yes/No

Certified that I have examined Sh./Smt./Km. _____ and have found him/her physically fit/unfit in the said programme & to withstand the hazards of the mountain and trek in cold climate and at high altitude of carrying a load about 10 kgs. which involve crossing of snow covered passes of the height of 10,000 ft. & above.

Sr.DMO
or any MBBS Practitioner
(with seal)